

Strong & Free

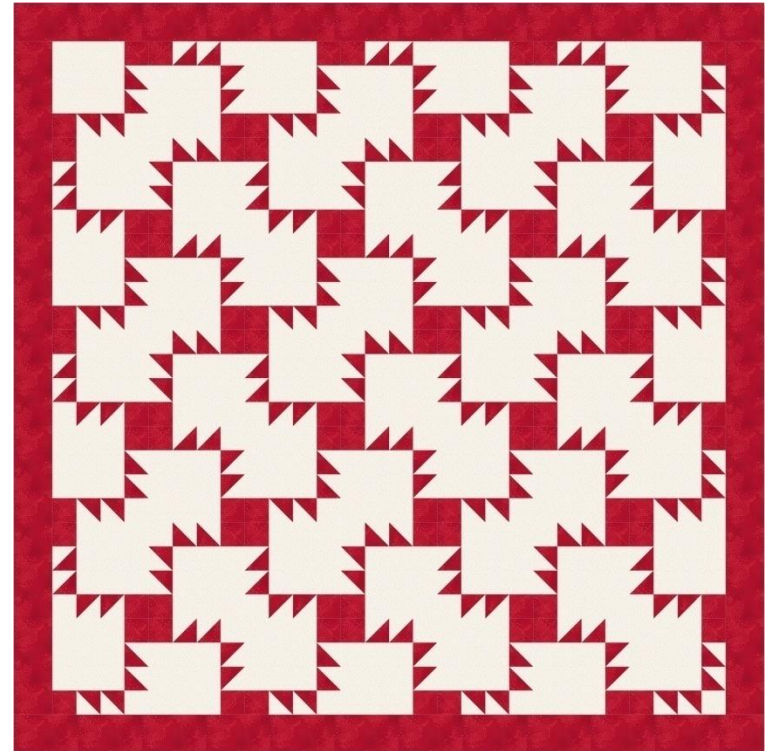
A Tribute Quilt for Canada 150

By Sharon Blackmore, Love Shack Quilts

You will need a total of 4 meters (m) Red print and 4 m White print. I used four different reds and four different whites in the quilt (1 m of each). Use the leftovers from each of the red prints for the border, using a different print on each side.

The quilt finished as shown is 78" x 78".

You may choose to use a feature fabric in the large white spaces, or change up the colour scheme all together to make a completely different quilt of your own!



Strong & Free

continued

We will be using the Magic 8 Method for Half Square Triangles (HST). Review this tutorial on the Craftsy Quilting Blog before you begin. [MAGIC8METHOD](#)

Cutting: (check off as you go) from minimum 40" width of fabric (wof)

From the white print,

_____ For block centers: Cut a total of 10 strips, $7\frac{1}{2}$ " wide from your prints, and then cut these strips into $7\frac{1}{2}$ " squares. Each strip will yield five (5) $7\frac{1}{2}$ " squares. You will need a total of 49 squares.

_____ For block HST: Cut a total of five (5) strips, $7\frac{3}{4}$ " wide from your prints, and then cut these strips into $7\frac{3}{4}$ " squares. Each strip will yield five (5) $7\frac{3}{4}$ " squares. You will need a total of 25 squares.

_____ For block plain squares: Cut a total of five (5) strips $3\frac{1}{2}$ " from your prints, and then cut these strips into $3\frac{1}{2}$ " squares. Each strip will yield 11 $3\frac{1}{2}$ " squares. You will need a total of 49 squares.

Strong & Free

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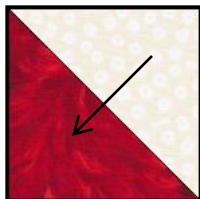
From the red print,

_____ For block HST: Cut a total of five (5) strips $7\frac{3}{4}$ " from your prints, and then cut these strips into $7\frac{3}{4}$ " squares. Each strip will yield five (5) $7\frac{3}{4}$ " squares. You will need a total of (25) squares.

_____ For block plain squares: Cut a total of nine (9) strips $3\frac{1}{2}$ " from your prints, and then cut these strips into $3\frac{1}{2}$ " squares. Each strip will yield (11) $3\frac{1}{2}$ " squares. You will need a total of 98 squares.

Piecing:

Gather the 25 red & 25 white $7\frac{3}{4}$ " squares. Layer them right sides together and follow the [MAGIC8METHOD](#) to make 196 Half Square Triangles. Press the seam toward the red print. They should measure $3\frac{1}{2}$ " and only require minimal trimming, if any.

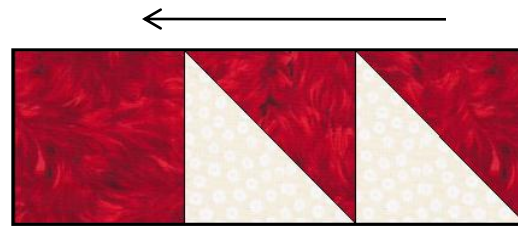


Strong & Free

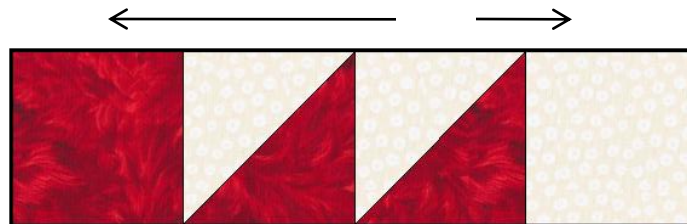
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Gather the 49 white & 98 red 3 ½" squares, as well as all of the HST you just completed.

Stitch a red square to two HST in the orientation shown. Press the seam toward the red square. Make 49 units.



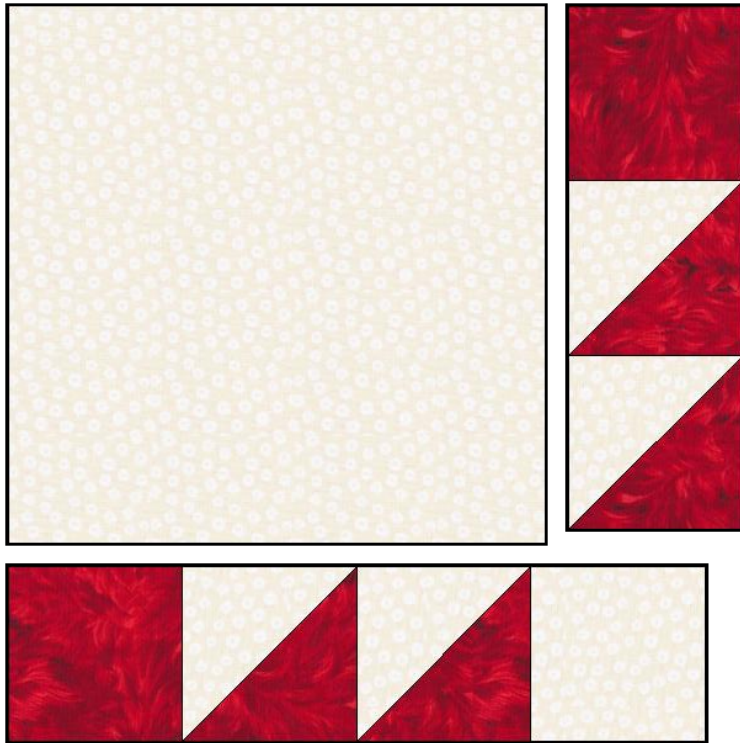
Stitch a red and white square to either ends of two HST in the orientation shown. Press the seam toward the plain squares. Make 49 units.



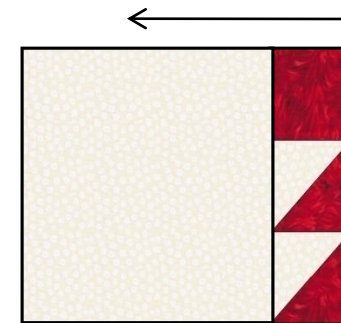
Strong & Free

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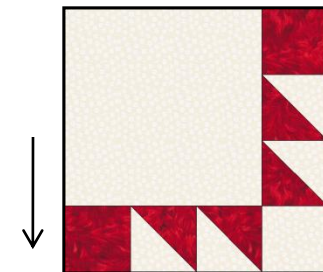
Now add the 7 ½" white squares and lay out the block as shown:



Stitch the shorter unit to the 7 ½" white square in the orientation shown. Press the seam toward the white square.



Then stitch the longer unit to the bottom of the block. Press the seam away from the white square.



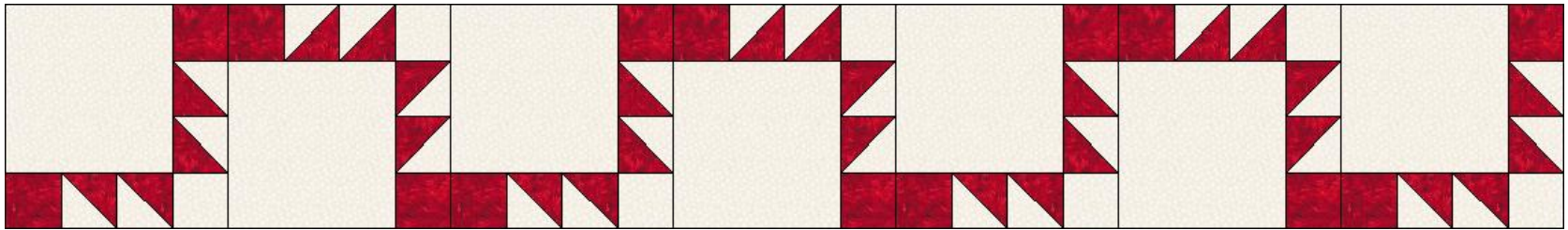
Make 49 blocks
10 ½" square.

Strong & Free

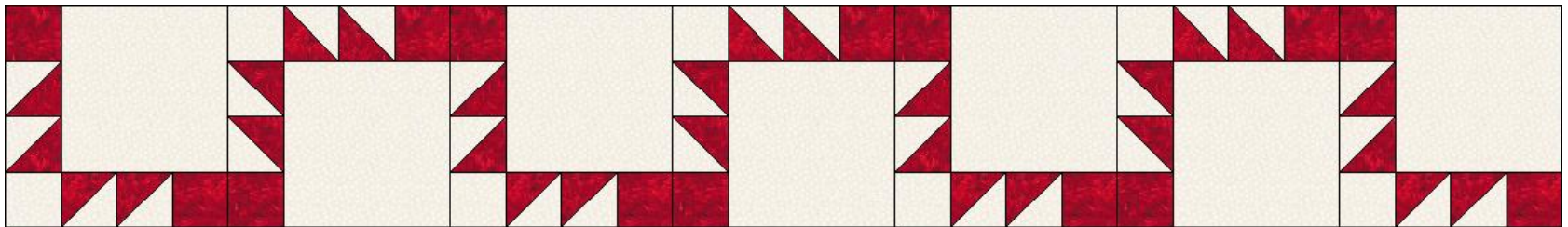
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Stitch the blocks into rows, orienting the blocks as shown. There are two different rows in the quilt.

Row 1: Make 4. Press seams all towards the right. 



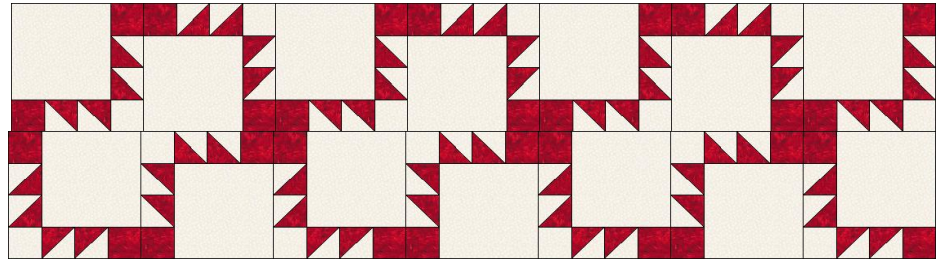
Row 2: Make 3. Press seams all towards the left. 



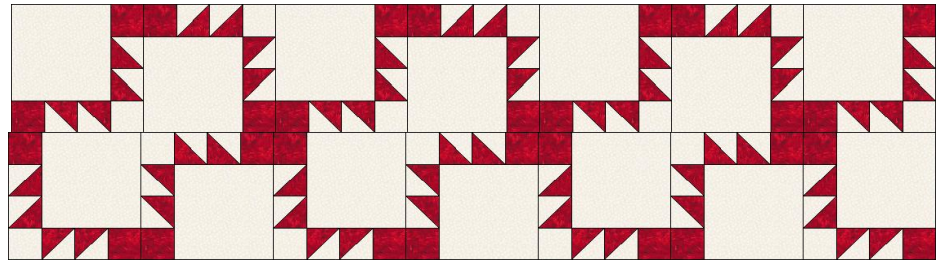
Strong & Free

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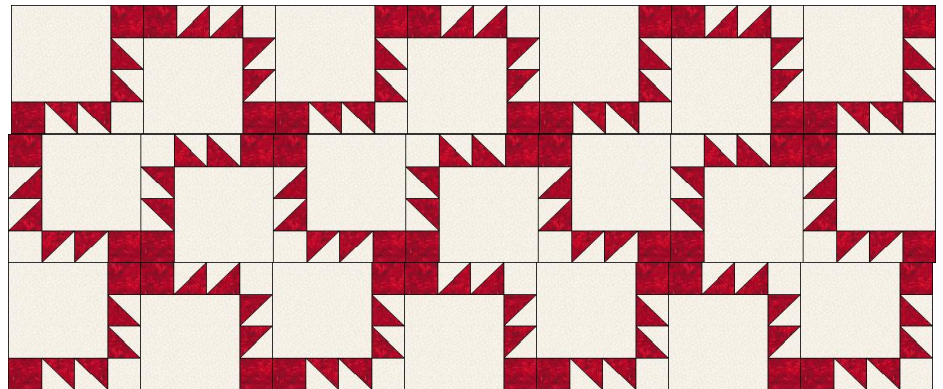
Stitch the rows together, to make three pairs of Row 1 & Row 2.



Add another Row 1 to one of the row units.



Then join the row units together to complete the quilt center.



Press the row seams either up or down. Your quilt center should measure 70 ½" x 70 ½".

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From your leftover red prints, cut eight (8) strips $4\frac{1}{2}$ " and join 2 strips together to make four (4) border units.

Trim two (2) of the border units to $70\frac{1}{2}$ " and stitch to the sides of the quilt. Press toward the border.

Trim the remaining two (2) border units to $78\frac{1}{2}$ " and stitch to the sides of the quilt. Press toward the border.

Your quilt top is complete and should measure $78\frac{1}{2}$ " x $78\frac{1}{2}$ ".

